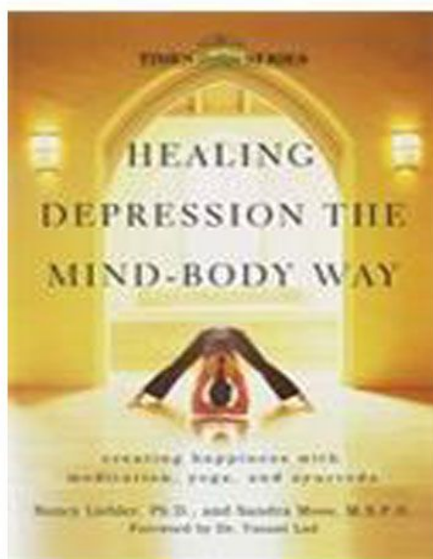


Healing Depression The Mind-body Way: Creating Happiness Through Meditation, Yoga, And Ayurveda



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